

MS WALK RUN+ROLL

CANBERRA 2021

ROND TERRACE, PARKES

mswalk.org.au



- Toilets
- Water
- First Aid
- Food / Drink
- Information

Start/Finish
Rond Terrace

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Rest Site 3

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Rest Site 2

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Rest Site 1

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Rest Site 4

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- 5km Course**
1 lap of orange course
- 10km Course**
2 laps of orange course
- 14.4km Course**
2 laps of orange course + 1 lap of pink course