

MS WALK RUN+ROLL

SYDNEY 2021
METCALFE PARK, PYRMONT
mswalk.org.au

4km Course
 1 lap of orange course

8km Course
 2 laps of orange course

-  **Toilets**
-  **Water**
-  **First Aid**
-  **Food / Drink**
-  **Information**

Rest Site 1 Waterfront Park

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Start / Finish Metcalfe Park

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Rest Site 2 (8km only) Metcalfe Park

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